



Clinical skills training for
substance use problems
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CAGE-AID

Description: CAGE-AID Questionnaire

CAGE-AID (Adapted to Include Drugs) is a version of the CAGE alcohol screening questionnaire, adapted to include drug use. This four item screening tool takes approximately 1 minute to administer and score. The target population for the CAGE-AID is both adults and adolescents and can be administered by patient interview or self-report in a primary care setting.

Evidence

- Easy to administer, with good sensitivity and specificity (Leonardson, et al, 2005).
- More sensitive than original CAGE questionnaire for diagnosis of substance use disorder (Brown & Rounds, 1995)
- Less biased in term of education, income, and sex than the original CAGE questionnaire (Brown & Rounds, 1995).

Indications

- Intended as a brief clinical screening during primary care visits

Advantages

- The CAGE-AID is well suited for use in a primary care facility.
- Quick and easy to administer
- Easily incorporated into a medical history protocol or intake procedure

Limitations

- Screening for alcohol and drug usage conjointly rather than separately

The CAGE or CAGE-AID should be preceded by these two questions:

1. Do you drink alcohol?
2. Have you ever experimented with drugs?

If the patient has experimented with drugs, ask the CAGE-AID questions. If the patient only drinks alcohol, then ask the CAGE questions.

CAGE-AID Questions

1. In the last three months, have you felt you should cut down or stop drinking or using drugs?

Yes

No

2. In the last three months, has anyone annoyed you or gotten on your nerves by telling you to cut down or stop drinking or using drugs?

Yes

No

3. In the last three months, have you felt guilty or bad about how much you drink or use drugs?

Yes

No

4. In the last three months, have you been waking up wanting to have an alcoholic drink or use drugs?

Yes

No

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Scoring

Of the 4 items, a "yes" answer to one item indicates a possible substance use disorder and a need for further testing.

References

Brown RL, Leonard T, Saunders LA, Papasouliotis O. The prevalence and detection of substance use disorder among inpatients ages 18 to 49: an opportunity for prevention. *Preventive Medicine*. 1998;27:101-110.

Tags:

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Interactive training is delivered by the FAOS DLearning System and requires IE 7+ higher, Firefox, Chrome or Safari.

Unless otherwise noted, individuals pictured are models

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