

## Health and Recovery Plan (HARP)

### What is HARP?

A HARP is a managed care product that manages physical health, mental health, and substance use services in an integrated way for adults with significant behavioral health needs (mental health or substance use).

### What do HARPs do?

1. HARPs manage the Medicaid services for people who need them
2. HARPs also manage an enhanced benefit package of [Home and Community-Based Services \(HCBS\)](#).
3. HARPs provide enhanced care management for members to help them coordinate all their physical health, behavioral health and non-Medicaid support needs.

### Who is eligible for HARPs?

People must be 21 or older to join a HARP, be insured only by Medicaid and be eligible for Medicaid managed care. They also have to be eligible for a HARP. People who are eligible will get a letter in the mail from New York State or New York Medicaid Choice.

### Care Management is an important part of being in a HARP

1. Individuals identified as HARP eligible must be offered care management through a Health Home designated by NYS
2. Individuals working with their care manager will determine which home and community based services they are eligible for