

Managed Care 101

BEACON HEALTH OPTIONS

What is Managed Behavioral Healthcare?

- > Emerged in the 80s in an effort to control the rising cost of behavioral healthcare with the rising need for quality behavioral healthcare
- > Provides a system of checks and balances to ensure
 - > Quality of care
 - > Access to providers
 - > Accountability for positive outcomes
- > Reduces the unnecessary utilization of services
- > Contains costs while maintaining high performance
- > Cost-effective behavioral health care

Affinity and Beacon's Approach

- > Our goal is for our members to receive the right care, at the right time, in the right setting.
- > We partner together to integrate our member's behavioral health and physical health needs and services to ensure complete care.
 - > This approach treats the whole person rather than their diagnosis to prevent fragmented care.

Affinity and Beacon's Integrated Care Model

- > **Our Integrated Care Model** is designed to:
 - > Promote healthy behavior
 - > Effectively manage chronic illness
 - > Eliminate barriers to treatment
 - > Increase service coordination and provider collaboration
 - > Contain health care costs
 - > Focus on the physical, behavioral, and psychosocial environment needs of the population, instead of a fragmented “silo” approach
 - > Proactive identification, outreach and assessment to intervene as early as possible along the wellness/disease continuum