

Home & Community Based Services (HCBS)

	For Whom?	Delivered By?	Service Components Overview
Habilitation	<p>People in need of functional and social skills building because they might never have had them or have major challenges with attaining them. Some examples are long-term hospitalization or incarceration.</p>	<p>Unlicensed behavioral health staff with minimum HS equivalent education and 1-3 years relevant experience, certification/credentialing not required (e.g. certified peers, credentialed CASAC) supervised by Licensed Mental Health Practitioner or Qualified Health Professional.</p>	<p>Help person to attain skills including communication, self-help, domestic self-care such as housecleaning, personal hygiene, socialization, activities of daily living such as cooking and budgeting, relationship building, use of community resources such as public transportation navigation.</p>
Psychosocial Rehabilitation (PSR)	<p>People who need to regain functional/social skills they once had. For example, someone who has been through an episode of depression after having a period of stability.</p>	<p>Unlicensed behavioral health staff, but should periodically report to supervising licensed practitioner.</p>	<p>Same as above, but perhaps less intensive support needs because the person once possessed the skill(s), but needs some support to regain them.</p>
Community Psychiatric Support & Treatment (CPST)	<p>People who are disengaged from site-based services due to behavioral or physical setbacks and need time-limited mobile treatment and/or PSR-type support services.</p>	<p>Providers who have experience providing similar services and are either licensed or utilizing evidence-based or best practices of an off-site treatment model using licensed professionals.</p>	<p>Clinical treatment including prescribing medication and psychotherapy as well as psychosocial rehabilitation/habilitation-type services as described above. This service is not meant to be ongoing or long-term, but until such time as a person can go to a service provider in the community such as a clinic on their own again.</p>
Family Support & Training	<p>People with a need and preference for engagement with & education/training support for their family of choice including blood family and significant others.</p>	<p>Unlicensed behavioral health staff supervised by Licensed Mental Health Practitioner or Qualified Health Professional.</p>	<p>Peer support and counseling on how the family of choice can help in the individual's recovery; training & support to engage the family in the education about treatment regimens, recovery</p>

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			support options, recovery concepts, medication education.
Peer Support Services	People with a need and preference for peer support. Peer supporters are those who also have behavioral health histories themselves and can help people by using their shared experience such as hospitalization and incarceration. People who may not trust mental health professionals	NYS OMH certified Peer Specialists and OASAS certified Recovery Peer Advocates supervised by licensed behavioral health practitioner	Advocacy such as helping the individual navigate the public benefits system to get food stamps, outreach & engagement, promote and educate on self-help tools, recovery support, transitional/bridging support from jail/prison/hospitalization, pre-crisis and crisis support.
Education Support Services	People who want to obtain formal education to become competitively employed. (Competitive employment refers to jobs that any person in the general community can apply for and pays at least minimum wage.)	Education Specialists should possess a BA and two years' experience supporting individual in pursuing education goals supervised by manager with minimum BA (preferably Masters in Rehabilitation or relevant field) and minimum 3 years' relevant experience working in behavioral health field preferably as education specialist	Provides person with supports to obtain formal education/training such as TASC, vocational program or post-secondary degree in order to achieve employment goal. Services include finding financial aid, applying to schools, registration, navigating school system, negotiating reasonable accommodations and identifying tutoring resources.
Pre-Vocational Employment	People who want to prepare for real competitive employment in the general community who have little to no work experience or haven't worked in a long time	Employment Specialists may be unlicensed staff and should possess education and experience equivalent to an undergraduate degree in vocational services, business, personnel management, behavioral health, disability or social services counseling supervised by manager with minimum BA (preferably Masters in Rehabilitation or Behavioral Health field) and minimum 3 years' relevant work experience and minimum 1.5 years	Provides person with time-limited work experience such as paid/unpaid internships and volunteer opportunities. This helps individuals to develop or strengthen work related soft skills including attendance, teamwork, task completion, problem solving, communication and social skills. Work opportunities must be in an integrated workplace setting where people in the general community are employed.

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		management experience	
Transitional Employment	People who want to prepare for real competitive employment in the general community who have little to no work experience or haven't worked in a long time.	Employment Specialists may be unlicensed staff and should possess education and experience equivalent to an undergraduate degree in vocational services, business, personnel management, behavioral health, disability or social services counseling supervised by manager with minimum BA (preferably Masters in Rehabilitation or Behavioral Health field) and minimum 3 years' relevant work experience and minimum 1.5 years management experience.	Provides person with time-limited paid internships offered only by HCBS providers who have Clubhouse and Psychosocial Club programs. Transitional employment slots belong to and are arranged by the providers in a formal agreement with businesses who hire people in the general community. Opportunities help people develop or strengthen work related soft skills such as attendance, task completion and teamwork. Since businesses know who they are working with, transitional employment is a true opportunity for people to experience "the dignity of risk and the right to fail."
Intensive Supported Employment	People who want to obtain competitive employment.	Employment Specialists may be unlicensed staff and should possess education and experience equivalent to an undergraduate degree in vocational services, business, personnel management, behavioral health, disability or social services counseling supervised by manager with minimum BA (preferably Masters in Rehabilitation or Behavioral Health field) and minimum 3 years' relevant work experience and minimum 1.5 years management experience.	Provides person with employment supports to obtain competitive employment. Services include resume writing, interviewing prep, job search and placement, benefits counseling and advocacy around negotiating reasonable workplace accommodations.
Ongoing Supported Employment	People who want to retain competitive employment.	Employment Specialists may be unlicensed staff and should possess education and experience equivalent to an undergraduate degree	Provides person with employment supports to keep a job. Services include understanding HR policies and job responsibilities, supervision,

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		in vocational services, business, personnel management, behavioral health, disability or social services counseling supervised by manager with minimum BA (preferably Masters in Rehabilitation or Behavioral Health field) and minimum 3 years' relevant work experience and minimum 1.5 years management experience.	employer/employee expectations, advocacy around workplace accommodations, benefits counseling and disclosure issues.
<p>Short-term Crisis Respite <u>(available for all HARP enrollees, HCBS eligibility assessment is not required)</u></p>	<p>People who are experiencing challenges in daily life and are at risk for an escalation of symptoms and feel that they cannot be managed at home or in a community environment without on-site supports.</p>	<p>Unlicensed staff, primarily Certified Peers supervised by manager with 3-5 years' experience in social service or related setting.</p>	<p>Peer support, coordination with other providers, health & wellness coaching, crisis prevention planning, education on self-help tools, conflict resolution, wellness activities, engagement of family and other natural supports, referrals/linkages, engagement of natural supports. Services are provided in a safe and comfortable home-like environment which is primarily staffed by peers. Stays should be no longer than 1 week per episode, not to exceed a maximum of 21 days per year. Individual stays greater than 72 hours require prior authorization, but it is recommended to contact the managed care plan immediately when a person is admitted into the respite. Individuals requiring longer stays may be evaluated on an individual basis and approved for longer stays based on medical necessity.</p>
<p>Intensive Crisis Respite <u>(available for all HARP enrollees, HCBS eligibility assessment is not required)</u></p>	<p>People who are experiencing a behavioral health crisis including suicidality, homicidal ideation and acute escalation of</p>	<p>Multidisciplinary team including licensed clinicians and unlicensed staff including Certified Peers and other paraprofessionals; agency must possess</p>	<p>Provide supports to help individuals stabilize and learn to manage crisis including psychiatric evaluation, comprehensive assessment including</p>

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	<p>mental health symptoms. People who may have had a bad hospitalization and would prefer to be in more of a home-like setting with peer supports. People who are stepping down from inpatient hospitalization.</p>	<p>current license to provide crisis and/or treatment services, i.e. clinic, Comprehensive Psychiatric Emergency Program, Partial Hospital, PROS, Psychiatric Inpatient or have licensed professionals having minimum 1 year experience delivering off-site crisis services including conducting psychiatric evaluations and providing treatment.</p>	<p>screening for physical health conditions, risk assessment, medication management, individual and group counseling Stays should be no longer than 1 week per episode, not to exceed a maximum of 21 days per year. Individuals requiring longer stays may be evaluated on an individual basis and approved for longer stays based on medical necessity. Intensive crisis respites are locked facilities.</p>
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