

THE CAGE and CAGE-AID QUESTIONS

(CAGE-AID is an adaptation to include drugs which is noted by italicized text)

Start by asking:

1. Do you drink alcohol?
2. Have you ever experimented with (or tried) drugs?

If the patient denies experimenting with drugs, leave out the italicized portion of the questions.

1. **In the last three months, have you felt you should cut down or stop drinking or *using drugs*? Yes No**
2. **In the last three months, has anyone annoyed you or gotten on your nerves by telling you to cut down or stop drinking *or using drugs*? Yes No**
3. **In the last three months, have you felt guilty or bad about how much you drink *or use*? Yes No**
4. **In the last three months, have you been waking up wanting to have an alcoholic drink *or use drugs*? Yes No**

Interpretation:

Each affirmative response earns one point. One point indicates a possible problem. Two points indicates a probable problem.

Source: The Society of Teachers of Family Medicine. Project SAEFP Workshop Materials. Screening and Assessment Module, p. 18. Funded by the Division of Health Professionals, HRSA, DHHS, Contract No. 240-89-0038