

Comprehensive Diabetes Care

Diabetes is a major problem in the United States and it is growing every day. There are 23.6 million people who are diagnosed with diabetes. With diabetes, the risk of heart and kidney disease, neuropathy, retinopathy, and limb amputation increases dramatically.

The New York State Department of Health measures indicators of diabetes care as part of the annual Quality Assurance Reporting Requirements Report (QARR). The requirements are as follows:

<p>HbA1c Test HbA1c Poorly Controlled (>9.0%) HbA1c Controlled (<8.0%) HbA1c Controlled (<7.0%) for a selected population LDL-C Test LDL-C Controlled (<100mg/dL) Retinal Eye Exam Medical Attention for Nephropathy Blood Pressure Controlled: <140/80</p>

Remind your patients to go to an eye care specialist every year for a retinal eye exam.

Lifestyle changes are very effective in preventing and managing diabetes. Talk to your patients about quitting smoking, managing their weight through a healthful diet and participating in physical activity every day.

Questions? Call the Quality Management Department at 718-794-6009